

# KICK THE HABIT



Love your **NEW**  
**tobacco-free life!**

YOU  
can  
DO  
this



Order a **KICKSTART KIT** today and get  
FREE patches, gum, or lozenges.

The first 2 weeks of a quit attempt are tough. The right medication can double your chances of success!

**Order** your FREE Kickstart Kit at:  
[SDQuitLine.com/kickstart](https://SDQuitLine.com/kickstart)

## ...➤ **HERE'S WHAT YOU GET**

- Quit Guide
- 2 weeks NRT medication: patches, gum, or lozenges
- Then an option to upgrade to 2 more weeks of medication

Or call **1.866.SD-QUITS**. People who use a coach are more than 2X as likely to quit & stay quit!



SOUTH DAKOTA  
**QuitLine**